

**Employees of the Month**  
**Elfa T.**



**Elfa T. accepting her Employee of the Month Certificate and gift card.**

Elfa T. has been with Senior In Place for one year. During this time, she has worked for 30 different clients and is always willing to go anywhere. She is so valuable to us because she is a dependable, kind, compassionate person. Sheree, our senior staff coordinator appreciates her dedication to her job and has nominated her for "Employee of the Month" for October. Please read Sheree's testimonial below. Congratulations Elfa and thank you for being such an important member of our family.



Elfa T. is a one of our exceptional caregiver's. She always goes above and beyond for her clients. The thing that sets her apart from the rest is her sentiment towards our clients. While speaking with her one day she said to me, "Sheree when I go and see how much we are affecting the lives of our clients it makes me happy". This statement is what makes her great and our employee of the month for October.

Sheree O, Senior Staff Coordinator



**How To Become Employee of the Month**

So many of our caregivers are worthy of becoming Employee of the Month. Many of you have been with Seniors In Place, LLC for years and have done an outstanding job. We have begun this program to honor employees who go above and beyond the call of duty. Only one employee can be Employee of the Month and we will select someone every month who distinguishes themselves with outstanding service.

Do you have a caregiver that goes above and beyond the call of duty? If so, we would like to hear your story. Feel free to send your story about how your Seniors In Place caregiver positively affected your life. Please mail letters to 155 Morris Avenue, Suite 101, Springfield, NJ 07081 or Email: [nominate@seniorsinplace.com](mailto:nominate@seniorsinplace.com)

The Employee of the Month will receive a \$100 American Express Gift Card, Employee of the Month Certificate, will be featured in our monthly newsletter and have their picture displayed in our office.

**Reporting Hours**

A friendly reminder, that your hours need to be called in each **Monday by 11a.m.** This ensures that we can update our payroll records and pay everyone on each scheduled pay date. **If you do not call in your time by the requested deadline, or your timesheets and labor logs are not received, there is the possibility that you will not get paid on the scheduled pay date.** You may have to wait until the next pay period. Thank you.

**Important Dates Reminder**

- October 1st International Day for the Elderly
- October 8th Columbus Day
- October 13th Navy Day
- October 16th Bosses Day
- October 31st Halloween



**Contact/Emergency Information**

Main: 973-376-1600 Toll Free: 866-703-CARE  
Fax: 973-376-2555 Emergency: 908-568-6594



**Newsletter October 2018**

Volume 10, Issue 10

A Celebration of  
**GROWING UP**

[INTERNATIONAL DAY OF OLDER PERSONS]



**Inside this issue:**

- Message from the Chairman
- International Day for the Elderly/ Make a Difference Day
- Employee of the Month Elfa T.
- Testimonial for Elfa T.
- Becoming Employee of the Month
- Reporting Hours
- Important Dates Reminder

**Mission Statement**

"Seniors In Place's mission is to provide our aging population with the very best companion and personal care at the very best value; provide employment opportunities for people who genuinely care about the well-being of others, and, in the truest sense of the term be 'A Family Company That Cares For You.'"

**Seniors In Place Family Pledge**

We pledge that we will represent Seniors In Place in a professional, caring and loving way.

We pledge that we will always put our client's health and safety first.

We pledge to be good listeners and attentive to our client's needs.

We pledge to always be responsible and dependable by being punctual and providing the very best quality of care.

We pledge that as long as we work for Seniors In Place we will take advantage of educational offerings that make us the best that we can be at what we do.

We pledge to always love our work, be kind and compassionate, and enjoy what we do so that our clients feel confident and happy that we are there to assist them.

## A Message From the Chairman



**October 2018**

There are two holidays this month that I would like to call to your attention. October 1st is “International Day for the Elderly”. This is celebrated worldwide to examine issues, promote public awareness and focus on which type of behavior can help older men and women throughout their life. Seniors In Place is dedicated to helping the senior population. Every day we find ourselves advocating for our seniors, whether it is meeting with senators and lobbyists or answering questions and guiding families in the right direction. We are here to help, which leads to the second holiday. October 27 is “Make a Difference Day.” In these trying times when we are all trying to earn a living, feed our families and care for our sick and elderly, we sometimes lose our perspective. In spite of what is going on in our country and the world, we still live in the best country on earth. Let us all please come together and if we are fortunate let’s build a longer table, not a higher fence. Let’s make a difference!

Have a Happy and Healthy October!

Regards,

Richard J. Blecker, Chairman



### International Day for the Elderly/ Make a Difference Day

Life’s rich experiences are indispensable. They’ve helped make up everything you are today. So just imagine how many valuable stories and lessons your elders can share with you

As you look ahead this year, remember the importance of giving back to the seniors in your life. For parents, grandparents and older friends, just a bit of quality time shared can mean so much. Use our list of ideas for ways to lend a hand, a listening ear or your skills to seniors—from reminiscing to making new memories.

#### Visit a nursing home or assisted living facility

One of the most meaningful things you can do for someone staying in a nursing home or assisted living facility is to spend time with them. Whether you’re saying hello to a neighbor, loved one or new friend, make the most of your visit by calling ahead. Plan a time to drop by, or schedule regular visits that your friend can look forward to.

Don’t show up empty handed! Bring along a board game or cards, a care package, a video or a home-baked treat. Find more fun take-along ideas in our Friendly Visitor Kit.

#### Reach out locally

Chances are there are seniors right in your own neighborhood who could use your help. Help out close to home with these ideas:

- For some seniors, health prevents them from getting out and socializing. Keep them from feeling isolated by going for a visit, bringing over a meal to share or renting their favorite movie for you to watch together.
- Offer to run errands for those seniors who can no longer drive. Ask if they’d like to join you, so you have time to chat while checking items off their to-do list. Make it a weekly ritual and let them know they can call upon you when needed. You can also bring them along as you ride around town, so they can get out of the house and visit with you at the same time.
- It doesn’t take a skilled handyman to do many around-the-house chores. Offer to rake leaves in fall, shovel the driveway in winter, and fix little things around the home.

#### Be a companion

If you don’t have your own parent or grandparent that needs extra caring or family members and friends, there are plenty of seniors out there who could use some company. There are also many programs and organizations that can match you up with the perfect friend in your area.

- With the Elder Helpers program, sign up to help in ways that fit your interests and skills, from reading to handiwork.
- Senior Companions is a Senior Corps program for volunteers who are 55+. You can sign on to help older seniors with daily tasks, keeping them independent and in their homes.
- You can also volunteer to help aging seniors through organizations such as the National Council on Aging.

#### Continue lifelong learning

Whether you’re at a nursing home or a friend’s home, ask yourself what you can learn from your older friend—many of their experiences may surprise you. While they’ve likely compiled stories over the years, it can often be challenging to know just what to ask in order to start a conversation. Here are some ways to help get them reminiscing.

- **Discover their passion:** Does your friend love to cook? Ask them to share a favorite family recipe. Do they love to sing or draw? Get them to show you. Find what they’re passionate about, and chances are, they’ll welcome the chance to chat about it.
- **Uncover their skills:** If you don’t already know the kind of career your friend had, find out! Ask questions about their biggest lessons or favorite moments. Don’t forget to ask them about their skills and hobbies outside the job, too—sewing, woodworking, writing. Request that they teach you a thing or two.
- **Log the memories:** Bring along a photo album, scrapbook or journal on your visit, and encourage your friend to sit and compile their memories with you. Use narrative, photos, captions, doodles and more. You’ll be turning their oral stories into a documented history book in no time!
- **Make some artwork:** Turn select pages of your memory book into wall art for their room. Simply photocopy the best pages with photos and captions, then hang them up so your friend can continuously recall good times. Plus, colorful photos are sure to brighten any room.

#### Connect through Create the Good

Want to volunteer with or for a senior? Create the Good has ideas for ways to make your time together memorable. [Find opportunities](#) for giving back to seniors throughout the new

