

Employee of the Month

Marie Rose T.



Marie Rose T. *Marie Rose T. accepting the Employee of the Month certificate and \$100 gift card from Dina, Staff Coord.*

Marie Rose has worked for Seniors In Place since September, 2012. During this time she has only worked for one client, Maria H., and most recently, she also takes care of Maria's brother Albert T. I think it is pretty special when one of our clients does not send one but two letters recommending Marie Rose for "Employee of the Month." Please read her letters below where she uses such descriptive words like efficient, caring, dependable, kind, hardworking, punctual, never depressing, great attitude, clean, neat and the perfect aide. It says it all!

Congratulations Marie Rose, on being such an awesome person! We are so grateful to have you as part of our family.

Testimonial

Dear Richard,

I would like to take this opportunity to sing the praises of my HHA "Marie".

She is consistent with her care, always on time, never depressing in her attitude, clean, neat, the perfect aide in every way.

I am grateful for her services.

I would like to thank you for sending me my HHA, Marie.

She is efficient, caring, and kind to us. She works hard to keep us comfortable.

She is important to our well-being.

Thank You Again,

Maria H. and Albert T.

How To Become Employee of the Month

So many of our caregivers are worthy of becoming *Employee of the Month*. Many of you have been with Seniors In Place, LLC for years and have done and outstanding job. We have begun this program to honor employees who go above and beyond the call of duty. Only one employee can be Employee of the Month and we will select someone every month who distinguishes themselves with outstanding service.

Do you have a caregiver that goes above and beyond the call of duty? If so, we would like to hear your story. Feel free to send your story about how your Seniors In Place caregiver positively affected your life. Please mail letters to 155 Morris Ave, Ste. 101 Springfield, NJ 07081 or Email: nominate@seniorsinplace.com

The Employee of the Month will receive a \$100 America Express Gift Card, Employee of the Month Certificate, will be featured in our monthly newsletter and have their picture displayed in our office.

Reporting Hours

A friendly reminder, that your hours need to be called in each **Monday by 11 a.m.** This ensures that we can update our payroll records and pay everyone on each scheduled pay date. **If you do not call in your time by the requested deadline, or your timesheets and labor logs are not received, there is the possibility that you will not get paid on the scheduled pay date.** You may have to wait until the next pay period. Thank you.

Important Dates Reminder

September 1	Labor Day / Office Closed
September 11	Patriot Day
September 23	1st Day of Autumn
September 24	Rosh Hashanah (begins at Sundown)

Contact/Emergency Information

Main: 973-376-1600 Toll Free: 866-703-CARE

Fax: 973-376-2555 Emergency: 908-568-6594



SENIORS IN PLACE, LLC
www.SeniorsInPlace.com

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Mission Statement

“Seniors In Place’s mission is to provide our aging population with the very best companion and personal care at the very best value; provide employment opportunities for people who genuinely care about the well-being of others, and, in the truest sense of the term be ‘A Family Company That Cares For You.’”

Seniors In Place Family Pledge

We pledge that we will represent Seniors In Place in a professional, caring and loving way.

We pledge that we will always put our client’s health and safety first.

We pledge to be good listeners and attentive to our client’s needs.

We pledge to always be responsible and dependable by being punctual and providing the very best quality of care.

We pledge that as long as we work for Seniors In Place we will take advantage of educational offerings that make us the best that we can be at what we do.

We pledge to always love our work, be kind and compassionate, and enjoy what we do so that our clients feel confident and happy that we are there to assist them.

A Message From the President



Seniors In Place, LLC is continually evolving as a company. Recently we were tasked with articulating “Why” we do what we do. We’ve always understood this feeling but putting it into words was our challenge. As we reflected more deeply into this psychological question, the “Why” of what we do became very evident and I would like to share it with you.

We are a family. People who have joined us are family. People we care for are family.

*With everything we do, we **Love Like Family**.*

Our services are honest, our care is genuine, and the love for what we do is real.

We provide Quality Home Care that enables people to live safely and without fear.

Just as Seniors In Place is always evolving and improving, so should we as individuals do the same. This month is self-improvement month.

Let’s do it! Have a great September!

Regards,



Richard J. Blecker

FAMILY
Where *life* begins and *love* never ends.

Be Your Own Life Coach: 10 Ideas for Self Improvement

1. **Think Positive.** Start your day, your week, your month or your year on a positive note. Think of all the things you can accomplish. Dare to dream. Every new milestone is a beginning: take stock and give yourself a pat on the back for what you’ve accomplished so far.
2. **Finish what you start.** Read a book: finish a chapter a day. It could be a subject you’ve always been interested in but has nothing to do with your work or your daily information-gathering.
3. **Leave the comfort zone. Face your fear.** Confronting a fear is one way of challenging yourself. Doing something that you are afraid of every day is a way of pushing yourself to grow. It doesn’t have to be dangerous (like sky-diving) but it has to be something you know will be hard for you to do, but will also be good for you.
4. **Exercise at least 30 minutes a day.** You’ve heard about the benefits. Now it’s time to experience them. Exercising will not only make you healthier and stronger, it will make you look good, and you will also feel good.
5. **Meditate.** Exercise your mind. Meditation helps you tackle your inner demons as well as readies you to face the world. If you want to battle depression, anxiety, sleep disorder, and personality issues, meditation is one effective remedy.

SELF-IMPROVEMENT:

6. **Quit a habit.** You know that there are some activities you engage in that are bad for you (such as smoking or binge drinking), and that there are some people who bring out the worst in you (toxic frenemies, the gossip girl, the enabler buddy) - now is the time to let go of them. Surround yourself with people who bring out the good in you, or who, like you, are seeking to improve themselves via healthful action.
7. **Find your passion. Fall in love.** A surefire way to be happy is to fall in love and be passionate about something—or somebody. Give yourself license to be in love. There are only so many years in a lifetime, and it would be nice to spend some of it with people or a significant person whom you love. There are only so many waking hours of the day, so do something that you love and that makes you happy.
8. **Make someone else happy.** This can be a daily recurrence, or a big time once-in-a-blue-moon deal. Either way, making someone happy is the surest way to feel good about yourself, to feel you’ve made a difference. It could be as simple as finding a way to compliment someone every day, or doing someone a favor for the week, or orchestrating something major that you know you can do, with some effort, and you know will be most appreciated.
9. **Save a life.** Some of us - first responders such as firemen, cops, and medical personnel - are in a unique position to save another person’s life. But it should be noted that even those in unlikely positions are also given the opportunity to save a life - the passerby who pulled a youngster out of harm’s way, or the friend who refused to let her drunken companion drive, or the kid who adopted a stray cat or dog. When it’s your turn, step up and do your part.
10. **Be grateful.** It’s so easy to forget that there are so many reasons to be grateful to be alive. At the end of each day, look back, and say thanks. End on a positive, life-affirming note.