# **Employee of the Month**





Celesk B. accepting the Employee of the Month Certificate and gift card from Latoya Smith

#### **Testimonial**

Celesk Butters has been a caregiver with Seniors In Place since March of 2015. In her short time with us, she has made such a positive impression on the clients whom she has served, the families of her clients, and the other professionals who interact with these clients during her shifts. Most notably, Mrs. L who lives in Hackensack commented very favorably about Celesk during our annual Satisfaction Survey, in addition to the family going out of their way on many occasions to call me with positive feedback about the gentle, compassionate way Celesk helps Mrs. L participate in her personal care routine (which Mrs. L normally is strongly opposed to). Most recently, Celesk took a temporary case for a 102 year old man who lives in East Hanover. Mr. B's family had an opportunity to take a cruise, but refused to go unless they were certain Mr. B was "in good hands". The case started a week before the vacation, so the family could get comfortable with her. As it turns out, Mr. B is hard of hearing, does not use hearing aides, and communicates exclusively by writing on a white-board. Celesk was able to build a great rapport with Mr. B and his family, despite these challenges. As Mr. B's family was leaving for the airport, they could hardly contain their excitement and called me to share with me what a great fit Celesk is for their dad. It is her consistent commitment to excellence, regardless of the diversity in the seniors for whom she cares (and their unique set of needs) that has earned Celesk the honor of being awarded Seniors In Place Employee of the Month for October 2015

Bill McCarthy, LSW, LNHA Senior Case Manager

#### How To Become Employee of the Month

So many of our caregivers are worthy of becoming *Employee of the Month*. Many of you have been with Seniors In Place, LLC for years and have done and outstanding job. We have begun this program to honor employees who go above and beyond the call of duty. Only one employee can be Employee of the Month and we will select someone every month who distinguishes themselves with outstanding service.

Do you have a caregiver that goes above and beyond the call of duty? If so, we would like to hear your story. Feel free to send your story about how your Seniors In Place caregiver positively affected your life. Please mail letters to 155 Morris Avenue, Suite 101, Springfield, NJ 07081 or

Email: nominate@seniorsinplace.com

The Employee of the Month will receive a \$100 American Express Gift Card, Employee of the Month Certificate, will be featured in our monthly newsletter and have their picture displayed in our office.

## **Reporting Hours**

A friendly reminder, that your hours need to be called in each Monday by 11a.m. This ensures that we can update our payroll records and pay everyone on each scheduled pay date. If you do not call in your time by the requested deadline, or your timesheets and labor logs are not received, there is the possibility that you will not get paid on the scheduled pay date. You may have to wait until the next pay period. Thank you.

### **Important Dates Reminder**

October 5 World Teacher's Day
October 12 Columbus Day
October 16 Bosses Day
October 31 Halloween

# **Contact/Emergency Information**

Main: 973-376-1600 Toll Free: 866-703-CARE Fax: 973-376-2555 Emergency: 908-568-6594



# Newsletter October 2015

Volume 7, Issue 9



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#### Mission Statement

"Seniors In Place's mission is to provide our aging population with the very best companion and personal care at the very best value; provide employment opportunities for people who genuinely care about the well-being of others, and, in the truest sense of the term be 'A Family Company That Cares For You.'"

#### Seniors In Place Family Pledge

We pledge that we will represent Seniors In Place in a professional, caring and loving way.

We pledge that we will always put our client's health and safety first.

We pledge to be good listeners and attentive to our client's needs.

We pledge to always be responsible and dependable by being punctual and providing the very best quality of care.

We pledge that as long as we work for Seniors In Place we will take advantage of educational offerings that make us the best that we can be at what we do.

We pledge to always love our work, be kind and compassionate, and enjoy what we do so that our clients feel confident and happy that we are there to assist them.

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# A Message From the President



The National Breast Cancer Coalition has a unique vision: to know how to end breast cancer by January 1, 2020. President Kennedy had a ten year vision to land a man on the moon. Many laughed and said it was impossible; just a dream. As a nation, we came together and fulfilled President Kennedy's vision. So when NBCC has the vision to know how to end breast cancer by January 1, 2020, I know we can all come together as a nation and make this vision a reality. In my life, I have found that when I envision something and put a time line on it, miraculously it happens. I think everyone knows what I am talking about and perhaps in your life you have experienced something similar. Let me declare here and now that we will think about it. dream about it, pray about it and do whatever is in our power to make breast cancer a thing of the past. We have the best minds and the most talented people in the world. We can make this happen. Let's do it.

Wishing you a happy and healthy October.

Regards,

Richard J. Blecker



# Happy Birthday Jerome R. 102 years young



Mia, owner and case manager with Jerome R., our client since 2008. Happy Birthday from Summayyah, his current CHHA and the entire Seniors In Place family

# October is Breast Cancer Awareness Month

## What is prevention?

<u>Cancer prevention</u> is action taken to lower the chance of getting cancer. By preventing cancer, the number of new cases of cancer in a group or population is lowered. Hopefully, this will lower the number of deaths caused by cancer.

The following are risk factors for breast cancer:

- •Older age
- •A personal history of breast cancer or benign (non-cancer) breast disease
- •A family history of breast cancer
- •Inherited gene changes
- Dense breasts
- •Exposure of breast tissue to estrogen made in the body

- •Taking hormone therapy for symptoms of menopause
- •Radiation therapy to the breast or chest
- Obesity
- Drinking alcohol



# The following are protective factors for breast cancer:

- •Less exposure of breast tissue to estrogen made by the body
- •Taking estrogen-only hormone therapy after hysterectomy, selective estrogen receptor modulators, or aromatase inhibitors and inactivators
- •Selective estrogen receptor modulator
- •Aromatase inhibitors and inactivators
- •Risk-reducing mastectomy
- •Ovarian ablation
- •Getting enough exercise

Cancer prevention clinical trials are used to study ways to prevent cancer.

New ways to prevent breast cancer are being studied in clinical trials.



Hi Everyone,

Some of you may or may not know, but we have a Facebook Page! We are going to be sharing with you a ton of great content on in home care and updates on Seniors In Place. We would love your support if you could "Like" us on Facebook.

You can find the link here: www.Facebook.com/SeniorsInPlace

