

## Employee of the Month Taviolle P.



*Taviolle P. accepting the Employee of the Month Certificate and gift card from Latoya Smith*

### Testimonial

Taviolle has been a caregiver with Seniors In Place since 12/28/14, when she first began taking care of Hazel, who had recently been widowed after relocating to NJ. Hazel now has the confidence to safely navigate her way through her new home, and Taviolle has provided her the companionship we all need and crave. As a result, Hazel's family has been able to step back from their "caregiving" role so they can better enjoy their mother-daughter relationship.

This is only one of many examples of how Taviolle goes above and beyond to represent everything we are all about at Seniors In Place, and we are lucky to have her!

Bill McCarthy, LSW, LNHA  
Senior Case Manager

## November is National Family Caregivers Month

Over the course of our lifetime, many of us will find ourselves taking care of a loved one with a disease or disability who may need temporary or long-term assistance with daily activities. This month we are taking the time out to salute all of our caregivers. We appreciate all of your hard-work and are thankful for all that you do.



## How To Become Employee of the Month



So many of our caregivers are worthy of becoming Employee of the Month. Many of you have been with Seniors In Place, LLC for years and have done an outstanding job. We have begun this program to honor employees who go above and beyond the call of duty. Only one employee can be Employee of the Month and we will select someone every month who distinguishes themselves with outstanding service.

Do you have a caregiver that goes above and beyond the call of duty? If so, we would like to hear your story. Feel free to send your story about how your Seniors In Place caregiver positively affected your life. Please mail letters to 155 Morris Avenue, Suite 101, Springfield, NJ 07081 or Email: [nominate@seniorsinplace.com](mailto:nominate@seniorsinplace.com)

The Employee of the Month will receive a \$100 American Express Gift Card, Employee of the Month Certificate, will be featured in our monthly newsletter and have their picture displayed in our office.

### Reporting Hours

A friendly reminder, that your hours need to be called in each **Monday by 11a.m.** This ensures that we can update our payroll records and pay everyone on each scheduled pay date. **If you do not call in your time by the requested deadline, or your timesheets and labor logs are not received, there is the possibility that you will not get paid on the scheduled pay date.** You may have to wait until the next pay period. Thank you.

### Important Dates Reminder

November 3	Election Day
November 11	Veterans Day
November 26	Thanksgiving (Office Closed)
November 27	Day after Thanksgiving (Office Closed)

### Contact/Emergency Information

**Main: 973-376-1600 Toll Free: 866-703-CARE**

**Fax: 973-376-2555 Emergency: 908-568-6594**



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### Mission Statement

*"Seniors In Place's mission is to provide our aging population with the very best companion and personal care at the very best value; provide employment opportunities for people who genuinely care about the well-being of others, and, in the truest sense of the term be 'A Family Company That Cares For You.'"*

### Seniors In Place Family Pledge

*We pledge that we will represent Seniors In Place in a professional, caring and loving way.*

*We pledge that we will always put our client's health and safety first.*

*We pledge to be good listeners and attentive to our client's needs.*

*We pledge to always be responsible and dependable by being punctual and providing the very best quality of care.*

*We pledge that as long as we work for Seniors In Place we will take advantage of educational offerings that make us the best that we can be at what we do.*

*We pledge to always love our work, be kind and compassionate, and enjoy what we do so that our clients feel confident and happy that we are there to assist them.*

## A Message From the President



I'm thankful for all of our fabulous clients who help every day and make a great difference in their lives. I'm thankful for all of our Certified Home Health Aides who get up every morning, go to work, care about what they do and are warm compassionate people. (Incidentally, National Caregivers Month is in November).

I'm thankful for our nursing team, so devoted to providing their very best and overseeing the care of our clients. It seems like every week our RNs make decisions to keep our patients safe. Every week they save someone's life.

I'm thankful for our office staff who keep the wheels on the bus and make our operation run smoothly and unencumbered.

I'm thankful for my children, Chad, Mia and Adam who are my partners and who bring our company forward as we've grown every year since the inception of our company.

I'm thankful for my wife, Susan, and all my grandchildren, Chase, Logan, Kaylee, Jagger, Cole, Aiden and Anna and all my relatives and friends.

I'm thankful for it all and I consider myself a very lucky man. Think about all the things you are thankful for. Write it down. It's a very powerful exercise. On Thanksgiving Day let's all reflect and appreciate what is good in our lives.

Wishing you all a Happy, Healthy and Prosperous Thanksgiving.

Regards,  
*Richard*  
Richard J. Blecker

תודה ■ Merci ■ Shukran ■ Meda ase  
di ou mèsi ■ Grazie ■ Asante ■ obrigado  
متشكراً ■ graças ■ na gode

Thank you!



## Developing an Attitude of Gratitude Can Help You Live a Longer, Happier Life

Besides sharing time with family and friends over food, the primary ingredient of the American Thanksgiving holiday is gratitude. While it's certainly good to have an annual holiday to remind us to express gratitude, there's much to be said for the benefits of cultivating the spirit of thankfulness year-round.

People who are thankful for what they have are better able to cope with stress, have more positive emotions, and are better able to reach their goals. Scientists have even noted that gratitude is associated with improved health.

Cultivating a sense of gratitude will help you refocus your attention toward what's good and right in your life, rather than dwelling on the negatives and all the things you may feel are lacking.

Starting each day by thinking of all the things you have to be thankful for is one way to put your mind on the right track. Also, remember that your future depends largely on the thoughts you think today. So each moment of every day is an opportunity to turn your thinking around, thereby helping or hindering your ability to think and feel more positively in the very next moment.

thankful  
heart  
is a  
happy  
heart

Excerpt taken from [www.mercola.com](http://www.mercola.com)

## Join Us in Welcoming Our New Staffing Coordinator, Sheree Ojeda



Sheree comes to us with a B.A. in Healthcare Management from DeVry University and has an extensive background in the healthcare field. She appreciates the hard work of the caregivers and she understands what they do on a daily basis. Having to choose a caregiver for her grandmother gave her the experience that she utilizes in coupling our clients with the right caregiver to suit their specific needs. She is open and easily accessible to the needs of our caregivers and clients. We are extremely happy and thankful to have Sheree joining our Seniors In Place family.



Hi Everyone,

Some of you may or may not know, but we have a Facebook Page! We are going to be sharing with you a ton of great content on in home care and updates on Seniors In Place. We would love your support if you could "Like" us on Facebook.



You can find the link here:  
[www.Facebook.com/SeniorsInPlace](http://www.Facebook.com/SeniorsInPlace)