

Employee of the Month Rose H.



Employee of the Month
Rose H.

Rose H. accepting the
Employee of the Month
certificate and the \$100 gift
card from Richard, President

Our client, Charlotte B., sent us a very powerful letter about her caregiver Rose H. (see letter below) We have hired terrific caregivers over the years. Not just anyone can work for Seniors In Place. We are so lucky to have someone like Rose H. work for us. Rose has been with us since March. She has worked for five different clients. Everyone has had only the nicest things to say about Rose. After you read Charlotte's letter you will understand why we are so proud to award Rose our November Employee of the Month.

Testimonial

Dear Mr. Blecker,

I would like to take this opportunity to express my appreciation to you for selecting Rose H. to work with me. She has done an outstanding job for me in every way. Besides helping me physically, her encouragement and positive reinforcement has gone a long way toward restoring my health. There is no comparison as to how well I am functioning these days compared to when Rose started with me.

I would recommend Rose for this type of work with any patient without hesitation. Please place this letter in Rose's file and consider her for any company recognition awards or bonuses.

Thank you.

Sincerely,
Charlotte B.

How To Become Employee of the Month



So many of our caregivers are worthy of becoming **Employee of the Month**. Many of you have been with Seniors In Place, LLC for years and have done and outstanding job. We have begun this program to honor employees who go above and beyond the call of duty. Only one employee can be Employee of the Month and we will select someone every month who distinguishes themselves with outstanding service.

Do you have a caregiver that goes above and beyond the call of duty? If so, we would like to hear your story. Feel free to send your story about how your Seniors In Place caregiver positively affected your life. Please mail letters to 155 Morris Ave 1st Fl. Springfield, NJ 07081 or Email: nominate@seniorsinplace.com

The Employee of the Month will receive a \$100 America Express Gift Card, Employee of the Month Certificate, will be featured in our monthly newsletter and have their picture displayed in our office.



Reporting Hours



A friendly reminder that your hours need to be called in each **Monday by 11 a.m.** This ensures that we can update our payroll records and pay everyone on each scheduled pay date. If you do not call in your time by the requested deadline, there is the possibility that you will not get paid on the scheduled pay date. You may have to wait until the following pay period. Thank You.

Important Dates Reminders

November 08 Election Day

November 11 Veterans Day

November 24 Thanksgiving Day

Contact/Emergency Information

Main: 973-376-1600 Toll Free: 866-703-CARE

Fax: 973-376-2555 Emergency: 908-568-6594



Newsletter November 2011

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Inside this issue:

- 📌 Message from President
- 📌 Symptoms of Alzheimer's Disease
- 📌 Employee of the Month Rose H.
- 📌 Testimonial from a Client
- 📌 Becoming Employee of the Month
- 📌 Time Reporting & Important Dates

Mission Statement:

Seniors In Place's mission is to provide our aging population with the very best companion and personal care at the very best value; provide employment opportunities for people who genuinely care about the well-being of others; and, in the truest sense of the term be "A Family Company That Cares For You".

A Message from Richard J. Blecker

Giving Thanks 2011



This is the time of year that I like to express my appreciation to all of our clients for their trust and confidence; to our caregivers for their loyalty and hard work; to our office staff for their never ending support and multi-tasking abilities and to our resources for recommending Seniors In Place and entrusting us with their wonderful seniors. Every year I learn more about the value of what we do. The other day I had a conversation with my son, Chad. "Dad," he said, "This is not like work. All day long I'm actually helping people. I feel good about what I do!" All of the Seniors In Place family feel this way.

Another year draws to a close. This year we have had tornados, hurricanes, earthquakes and storms. Our brave men and women in the Armed Forces have been at war. Many have been layed-off. Many have lost their homes and worse. I want everyone to know that when all is said and done we live in a country of 312 million people in a world of 7 billion. Worldwide, we enjoy one of the highest standards of living. Even with all of our deficiencies let us all be thankful and proud of who we are and where we live. At this Thanksgiving time of the year, I pray that you all have a healthy, happy and prosperous holiday season,

Regards,

Richard J. Blecker

Symptoms of Alzheimer's Disease

Alzheimer's disease is a disorder that affects millions of older adults and causes more worry for people over 55 years of age than any other condition. Suspecting you or a loved one may be exhibiting signs and symptoms of Alzheimer's disease can be a stressful and emotional experience for everyone involved. Of course, even if your family history includes Alzheimer's disease and you find yourself forgetting things, it doesn't necessarily mean you have this disease. Even when you fear the worst, it is important to share your concerns and seek expert advice. The earlier you recognize the symptoms of Alzheimer's disease and seek help, the better your chances of getting the care you need and maximizing your quality of life.

Alzheimer's disease is the most common form of *dementia*, a serious brain disorder that impacts daily living through memory loss and cognitive changes. Although not all memory loss indicates Alzheimer's disease, one in ten people over 65 years of age, and over half of those over 85 have Alzheimer's disease. Currently, 26 million people worldwide have this dementia, and over 15 million Americans will be affected by the year 2050. Symptoms of Alzheimer's disease usually develop slowly and gradually worsen over time, progressing from mild forgetfulness to widespread brain impairment. Chemical and structural changes in the brain slowly destroy the ability to create, remember, learn, reason, and relate to others. As critical cells die, drastic personality loss occurs and body systems fail.

For many people, detecting the first signs of memory prob-

Signs and symptoms of Alzheimer's



lems in themselves or a loved one brings an immediate fear of Alzheimer's disease. However, most people over 65 experience some level of forgetfulness. It is normal for age-related brain shrinkage to produce changes in

processing speed, attention, and short term memory, creating so-called "*senior moments*." Forgetfulness is merely inconvenient, though, and generally involves unimportant information. Understanding the significance of these age-related changes begins with knowing the difference between what is *normal* and *what is an early symptom of Alzheimer's*.

SIGNS OF NORMAL CHANGE VS EARLY ALZHEIMER'S SYMPTOMS

Normal	Early Alzheimer's disease
Can't find your keys	Routinely place important items in odd places, such as keys in the fridge, wallet in the dishwasher
Search for casual names and words	Forget names of family members and common objects, or substitute words with inappropriate ones
Briefly forget conversation details	Frequently forget entire conversations
Feel the cold more	Dress regardless of the weather, wear several skirts on a warm day, or shorts in a snow storm
Can't find a recipe	Can't follow recipe directions
Forget to record a check	Can no longer manage checkbook, balance figures, solve problems, or think abstractly
Cancel a date with friends	Withdraw from usual interests and activities, sit in front of the TV for hours, sleep far more than usual
Make an occasional wrong turn	Get lost in familiar places, don't remember how you got there or how to get home
Feel occasionally sad	Experience rapid mood swings, from tears to rage, for no discernible reason