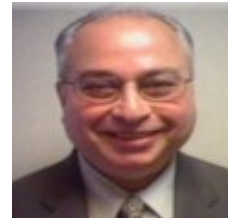


**SENIORS IN PLACE, LLC**  
 A Family Company That Cares For You Since 2001  
 www.SeniorsInPlace.com



**A POEM FROM RICHARD J. BLECKER**

**Perhaps**

Perhaps you were a child of a senior and we gave you peace of mind by care for mom or dad

Perhaps you were a caregiver who worked for Seniors In Place, LLC over the last ten years and gave outstanding, loving care to one of our clients

Perhaps you were one of the many, who after our services ended sat down and wrote us "thank you" stating how wonderful our company is

Perhaps you attended one of our parties or in-service meetings so you could increase your knowledge of safety, Alzheimer's, pain management, ethics or some other interesting topic

Perhaps one of our senior staff met with you and your family in your home and provided a reassuring plan of care to make you feel at ease

Perhaps you are a non-profit organization who received a donation from Seniors In Place






Perhaps you were one of the many assisted living staff who recommended us to your senior population because you knew how helpful we are to your community

During the past ten years you have all walked beside us and supported our growth

We are filled with gratitude for all your kindness and caring  
 In these times Seniors In Place is grateful for our continued growth and ability to provide exceptional care and value for our wonderful seniors



**Inside this issue:**

-  Message from President
-  A letter from: Chad Blecker
-  Employee of the Month
-  Testimonial for Employee
-  Becoming Employee of the Month

Time Reporting/Imp. Dates

**Contact/Emergency information:**

**Main #: 908-964-6700**

**Toll Free #: 866-703-CARE**

**Fax #: 908-964-6541**

**Emergency #: 908-568-6594**

**Mission Statement:**

Seniors In Place mission is to provide our aging population with the very best companion and personal care at the very best value; provide employment opportunities for people who genuinely care about the well-being of others; and, in the truest sense of the term be "A Family Company That Cares For You".

# A LETTER FROM: CHAD BLECKER

## SENIOR ACCOUNT MANAGER



A Caregiver is a very special Person

By: Chad Blecker

In my professional and personal life I've met many people. The most impressive people that I hold in the highest regard are those who give of themselves to help others. I am very fortunate because I have the privilege and the pleasure to work alongside these very people. I'm talking about all of the Seniors In Place caregivers who give of themselves on a daily basis to enrich the lives of our senior's and their families.

When a family takes their time to meet with me and then makes the decision to allow us into their lives to help someone they love, I know in my heart that we are going to truly enrich the lives of everyone in their family. I manage the cases to the absolute best of my ability but it all comes down to the incredible attention that our caregivers give to our seniors.

A caregiver isn't a person who simply needs a job. They are people who not only perform the tasks to make sure our seniors stay safe, and independent but they become friends and form a bond that transcends through the entire family. When a person has lost their ability to do tasks that once seemed simple and mundane and all of a sudden they have a person in their life that is there to talk to them and help them with the laundry and the cooking and assist them with bathing and cleaning and even walking, it is a very uplifting feeling. I have seen such a difference in many of our seniors who when I originally spoke to them felt helpless and depressed. A few short weeks later that same person has an air of confidence because even though they still have their limitations they have someone they can count on to truly help them. This change in our seniors is the effect of having a wonderful caregiver and friend. As a result of this bond our beloved seniors regain their confidence and independence.

Now imagine the sons and daughters and grandchildren of these special people. They constantly worry about their mom or dad and they go through such a multifaceted range of emotions as a result of trying to care for their special people. When they can't be there they worry and feel guilty and when they can be there it becomes more and more difficult to manage their own affairs. The fear of not knowing if mom or dad is doing well can truly drain people. All of a sudden mom and dad now have a person, a caregiver that they know is there not only watching over them but helping them live more comfortable lives. It doesn't take long before the families are living a less stressful existence as well. Again this is the result of a caregiver.

I personally want to take this opportunity to say 'thank you' to all the amazing men and women who enrich the lives of our seniors and their families. I know in my heart that when I sit with a family and they ask for help I can say with the utmost confidence "We can help you". It all comes down to one thing, "a caregiver is a very special person".

Thank you for making our company something more than special.

## Lucie Fortune ~Employee Of The Month~



Lucie has worked for Seniors In Place since the beginning of 2010. She has always been cooperative and dependable and eager to help us care for many of our seniors. Besides having regular cases she has filled in for fellow caregivers and makes herself very available. Lucie has worked for fourteen different clients. Please read the testimonial below regarding Lucie. The last sentence says it all. "For my mom, she is not only a caregiver, but a friend." Thank you Lucie for all you do.



**Employee of the Month**

**Lucie F.**

**Lucie F. accepting the award and the \$100 gift card from: Adam Blecker**

### Testimonial

*My mom Alice and I would like to nominate Lucy F. for employee of the month. Lucy has not only been reliable, but has gone the extra mile to ensure things run smoothly. Lucy is a good communicator and follows through on every detail. She even checked in with my mom on Sunday night to ensure her medication had been delivered and that she was clear about its use. She helps my mom with errands and appointments. Lucy has taken initiative to take my mom to the doctor for something that appeared minor, but ended up needing a doctor's attention. She has given my family a feeling of comfort, knowing that she has my mom's best interest at heart. For my mom, she is not only a caregiver, but a friend.*

*Sincerely,*

*Heidi H. and Alice K.*



## How To Become and Nominate Employee of the Month



So many of our caregivers are worthy of becoming *Employee of the Month*. Many of you have been with Seniors In Place, LLC for years and have done an outstanding job. We have begun this program to honor employees who go above and beyond the call of duty. Only one employee can be *Employee of the Month* and we will select someone every month who distinguishes themselves with outstanding service. The *Employee of the Month* will receive a \$100 America Express Gift Card, Employee of the Month Certificate, will be featured in our monthly

newsletter and have

their picture displayed in our office.

Do you have a caregiver that goes above and beyond the call of duty? If so, we would like to hear your story. Feel free to send your story about how your Seniors In Place caregiver positively affected your life. Please mail letters to 2424 Morris Ave Union, NJ 07083 or Email [nominate@seniorsinplace.com](mailto:nominate@seniorsinplace.com)



## Time Reporting



A friendly reminder that your hours need to be called in **each** Monday by **11 a.m.** This ensures that we can update our payroll records and pay everyone on each scheduled pay date.

If you do not call in your time by the requested deadline, there is the possibility that you will not

get paid on the scheduled pay date. You may have to wait until the following pay period.

Prompt attention to this matter is greatly appreciated.



## Important Date Reminders



February 2 Groundhog Day  
February 3 Chinese New Year  
February 12 Lincoln's Birthday

February 14 Valentine's Day  
February 21 Presidents' Day  
February 22 Washington's Birthday



## EMERGENCY PREPAREDNESS



Emergencies can happen anytime!

- They can strike anyone
- They don't just happen to other people

Being prepared is important

- It can save your life
- It can help you take care of yourself

How prepared are you? Did you.....

- Find and fix hazards
- Plan how to stay informed
- Get emergency supplies
- Plan ways to get help
- Get a medical bracelet
- Be ready to evacuate
- Know how to turn off your house water, gas and electricity
- Let neighbors know you may need help during an emergency



Fire safety is a must!

- Install and test smoke detectors
- Sleep on the first floor, if possible
- Plan your escape
- Try to get out right away
- Keep doors closed if you can't get out
- Stop, drop and roll if your clothing catch on fire
- Turn off any oxygen equipment immediately
- Ask your fire department about fire sprinkler systems. Also ask how to protect against carbon monoxide (CO)

Stay safe in a storm

**Listen for local alerts and instructions for:**

- Thunderstorms
- Tornadoes
- Floods
- Hurricanes
- Winter Storms



Heat waves and cold snaps can be deadly

**Ask family and friends to check on you often.**

In hot weather:

- Stay cool
- Watch for heat exhaustion
- Get immediate medical help for heat stroke:
  - Dial 911 or your local number for emergency medical services. Delay can be deadly!

In cold weather:

- Stay warm
- Watch for drop in body temperature:
  - Temperature below 95 degree is dangerous. Delay can be deadly
- Re-warm the body

During an earthquake,

If you're inside:

- Stay inside, find cover: some-sturdy with arms covering head



thing your

If you're outside:

- Stay outside and move into the open area

Reference

\*Channing Bete