

Employee of the Month

Christina W.



Christina W.

Christina W. accepting the Employee of the Month Gift certificate and \$100 gift card from Dina, Staff Coordinator.

Christina has worked for Seniors In Place for over two years. Christina works as a live-in aide and has taken care of twenty one of our fabulous seniors. Apparent from all the clients she has worked for is the common thread that she is a very dependable, reliable and caring individual. The letter below describes how appreciative this family was that Christina gave up her time off so she could be with one of our clients who was nearing the end of her life. It takes a very special person to show this kind of commitment and compassion. Thank you Christina for being so special. We are so glad you are part of our family. Congratulations on being our December "Employee of the Month"!

Testimonial

Dear Richard,

Can I nominate Christin for Caregiver of the Month? She has been so caring and loving to my mom.. Mom was a person who had never been easy.

For a caregiver to give up her time off and stay with my mom is very special indeed!

Sincerely,

Susan L.B.

How To Become Employee of the Month

So many of our caregivers are worthy of becoming **Employee of the Month**. Many of you have been with Seniors In Place, LLC for years and have done and outstanding job. We have begun this program to honor employees who go above and beyond the call of duty. Only one employee can be Employee of the Month and we will select someone every month who distinguishes themselves with outstanding service.

Do you have a caregiver that goes above and beyond the call of duty? If so, we would like to hear your story. Feel free to send your story about how your Seniors In Place caregiver positively affected your life. Please mail letters to 155 Morris Ave, Ste. 101 Springfield, NJ 07081 or Email: nominate@seniorsinplace.com

The Employee of the Month will receive a \$100 America Express Gift Card, Employee of the Month Certificate, will be featured in our monthly newsletter and have their picture displayed in our office.

Reporting Hours

A friendly reminder, that your hours need to be called in each **Monday by 11a.m.** This ensures that we can update our payroll records and pay everyone on each scheduled pay date. **If you do not call in your time by the requested deadline, or your timesheets and labor logs are not received, there is the possibility that you will not get paid on the scheduled pay date.** You may have to wait until the next pay period. Thank you.

Important Dates Reminder

December 1-7	National Handwashing Awareness Week
December 5	Last Day of Hanukkah
December 7	Pearl Harbor Remembrance Day
December 8-14	National Influenza Vaccination Week
December 21	First Day of Winter
December 25	Christmas Day-Office Closed
December 31	New Years Eve

Contact/Emergency Information

Main: 973-376-1600 Toll Free: 866-703-CARE
Fax: 973-376-2555 Emergency: 908-568-6594



Newsletter December 2013

Volume 5, Issue 12



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Mission Statement

"Seniors In Place's mission is to provide our aging population with the very best companion and personal care at the very best value; provide employment opportunities for people who genuinely care about the well-being of others, and, in the truest sense of the term be 'A Family Company That Cares For You.'"

Seniors In Place Family Pledge

We pledge that we will represent Seniors In Place in a professional, caring and loving way.

We pledge that we will always put our client's health and safety first.

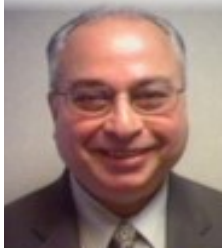
We pledge to be good listeners and attentive to our client's needs.

We pledge to always be responsible and dependable by being punctual and providing the very best quality of care.

We pledge that as long as we work for Seniors In Place we will take advantage of educational offerings that make us the best that we can be at what we do.

We pledge to always love our work, be kind and compassionate, and enjoy what we do so that our clients feel confident and happy that we are there to assist them.

A Message From the President



2013 is drawing to a close. We look forward to the parties and festivities that are associated with this time of the year. Families get together. We share wonderful meals. Presents are exchanged. We drink to good cheer. Life is good. After all, we live in the greatest country in the world. The holidays should not only be about giving and receiving gifts.

Even in the United States, the richest country in the world, children go to bed hungry. There are a tremendous number of people who are homeless. Many have lost their jobs and cannot find new ones. As a result of hurricane Sandy, homes that were destroyed still have not been rebuilt. While we enjoy the holidays with our loved ones, we must take time to think of those who are less fortunate and show kindness to others.

My wish to all is to have a happy, healthy, and prosperous holiday season and may we all show how appreciative we are for what we have by being charitable to others.



Regards,

Richard J. Blecker

Staying Healthy During the Holidays

The cold and flu season is upon us! There are two main actions that you can personally choose to take that will increase the odds that you will avoid the sneezes, coughs, and sniffles that so frequently affect people at this time of year: Get your flu shot, and wash your hands.



Flu Shots:

December 1-7, 2013 is National Influenza Vaccination Week which was established to stress the importance of continuing influenza vaccination as well as fostering greater use of the flu vaccine after the holiday season into January and beyond.

The Center for Disease Control and Prevention (CDC) recommends that everyone 6 months and older get a flu vaccine as the first and most important step you can take to protect against this serious disease. It is especially important for some people to get their shot:

People at high risk for developing serious complications like pneumonia if they get sick with the flu like pregnant women; people age 65 years and older; and those who have certain medical conditions including asthma, diabetes or chronic lung disease.

People who live with or care for others who are at high risk of developing serious complications like household contacts and caregivers of people with certain medical conditions like those listed above.

The CDC recommends that people get vaccinated against influenza as soon as the seasonal vaccine becomes available in their community. Remember that it takes about two weeks after the shot for antibodies to develop in your body and provide protection against the flu. Your doctors' office can tell you where you may receive the shot.

Cont'd Hand Washing:

December 1-7, 2013 is also National Handwashing Awareness Week. Human beings have known since 1847 that washing our hands can help to prevent disease. There are two simple things to keep in mind to help reduce the risk of soiled hands making you sick: Wash them properly and remember the 4 Principles of Hand Awareness.



Anyone can wash their hands properly: (1) Wet them with warm water and apply soap (2) Rub your hands together to make lather and scrub the backs of your hands, between your fingers, and under your nails (3) Scrub for 20 seconds or as long as it takes to sing "Happy Birthday" twice (4) Rinse your hands well under running water (5) Dry them with a clean towel or air dry them (6) Turn off the water with a paper towel.

Remember, the T-zone area of your face (eyes, nose, and mouth) is the only portal of entry into the human body for ALL respiratory infections like the flu. There are 4 Principles of Hand Awareness:

1. Wash your hands when they are dirty (like every time you enter your home) and BEFORE eating
2. Do NOT cough into your bare hands, do so into a Kleenex or your elbow
3. Do NOT sneeze into your bare hands, do so into a Kleenex or your elbow
4. Above all, DO NOT put your fingers into your eyes, nose or mouth. Remind people when you see them not to do this.